



## VISYON CONNECT

October 2020

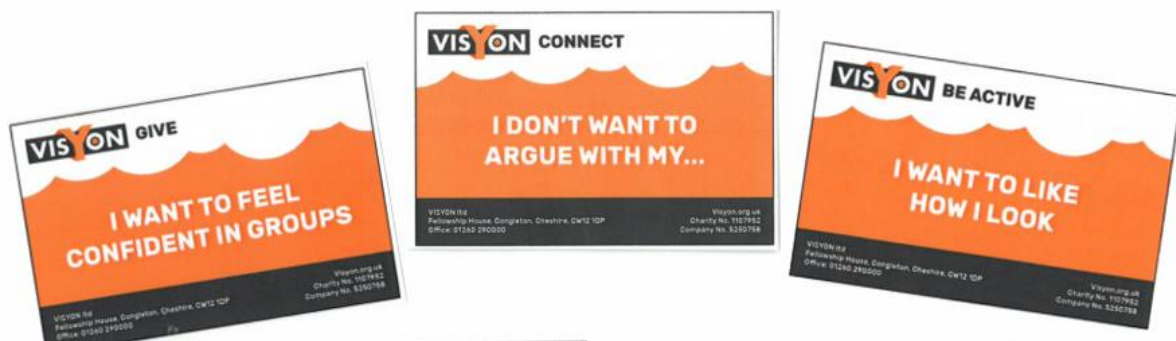
As we approach the end of the year and find ourselves still in uncertain times and all in a collective trauma, it was important to us at the Visyon Education Team (VETs) to connect with you– we wonder how you are doing? And wanted to share what Visyon can offer in terms of support for staff, parents, and young people.

Please take a look at our updated, funded training on Eventbrite:

<https://www.eventbrite.co.uk/o/visyon-education-team-previously-tools-for-schools-14606491699>

As Anti-Bullying week is approaching, we are releasing the below workshops ready to support you during the week and longer-term:

- **Bullying Prevention (November 16th):** Bullying is known to have a serious detrimental effect on wellbeing. This session looks at myths and facts around bullying and ways to prevent bullying by building empathy, positive relationships, and support for victims of bullying, as well as effective ways to manage bullying incidents. *\*If you cannot make this date please get in touch [beverley.goodwin@visyon.org.uk](mailto:beverley.goodwin@visyon.org.uk) to book an alternative for your setting\**
- **Outcome Cards: (Training at no cost, fee of £20 for cards)** Training includes how to use the cards. Visyon Outcome Cards for working with CYP in a solution-focused way: There are 43 cards in the pack, which are all connected to the 5 ways of wellbeing (**Connect, Take Notice, Be Active, Give and Keep Learning**). The support and intervention provided by schools should be selected to meet the outcomes identified with the child or young person. Be mindful that you are setting the YP desired outcomes and not your own!





At Visyon we work in a young person-centred way, meaning we aim to put children and young people at the centre of planning and decisions that affect them. When children are meaningfully involved, this can change their attitude, behaviour and learning and make them active partners who work with adults to bring about change. With their world being uncertain it is so important we capture how they are feeling in these current times and what we can do to support them.

We ask you to take a moment and reflect.....

Are you:

A: listening well to CYP? What listening skills are promoted in your setting? Are all staff familiar with these?

B: responding well to pupil voice?

C: acting effectively so that CYP see and *feel* the impact of their voice?

<https://mentallyhealthyschools.org.uk/whole-school-approach/childrens-voice/>

If your parents or students would like more support Visyon offers:

- Well-being groups and webinars for CYP
- Parent groups and webinars
- **Open Access:** Self-referral (13+) or parent referral only. A space to talk, we are here to listen, call us on 01260 290000, text on 07508074748 or email: [administration@visyon.org.uk](mailto:administration@visyon.org.uk). We have open access appointments available at various times and days in the week so will work to find one that fits.

Below you will find useful resources for your setting to support children and young people's mental health and wellbeing:

<http://www.childhoodbereavementnetwork.org.uk/campaigns/growing-in-grief-awareness.aspx>

<https://www.gov.uk/guidance/teaching-about-mental-wellbeing>

<https://www.ltl.org.uk/free-resources/>

<https://barrycarpentereducation.com/>

*With very warm wishes,*

*The Visyon Education Team:  
Jo, Jo, Lisa, and Beverley*